



Sweet Potato Casserole



Country Style Cut Sweet Potatoes



Prime Center Cut Sweet Potatoes



Chunky Mashed Sweet Potato



Candied Yam Patties

Plate Mates
Side Dish Solutions



Candied Yam Patties

Product Description

Candied Yam Patties are colorful, distinctive and delicious. The patties are a pre-sweetened, smooth textured and nutritious menu item that provides consistent portion control through uniform sizing and shape. They can be baked, microwaved or griddle fried. Bright Harvest Yam Patties will brighten and add a sense of uniqueness to any meal.

Preparation Instructions (from frozen)

Baking - Heat frozen patties in 350°F oven for 20-25 minutes (12-15 minutes from thawed patties).

Serving suggestion: Place a marshmallow on each patty and secure with a toothpick. Return to oven to brown marshmallow.

Microwave - Heat at 1-2 minute intervals until heated throughout. Do not overheat.

Variations: Prepare Candied Yam Patties by pouring sauce (4 parts water, 1 part sugar, 1 part butter) over patties to a 1/4" depth. Heat as directed in oven or microwave.

Griddle Fry - Fry frozen patties on oiled 375°F (medium-high) griddle turning frequently until light brown (6-8 minutes). Drain excess oil.

School Portioning Information

	1/4 Cup Servings		1/4 Cup (oz)		1/4 Cup Description	
	Lb.	Case	Frozen	Cooked	Cooked Units	
1.5 oz. patty	7	210	2.62	2.4	1.75	patty
2.0 oz. patty	7	210	2.5	2.3	1.25	patty

USDA Child Nutrition Program

1.5 oz. patty	One and three-quarters patties (2.62 oz.) provides 1/4 cup vegetable.
2.0 oz. patty	One and one-quarter patties (2.5 oz.) provides 1/4 cup vegetable.

Specifications and Packaging

Product	Pack Size	Case Weight Net	Case Weight Gross
7403 - 1.5 oz. Candied Patties	224/case	21	22.5
7404 - 2 oz. Candied Patties	168/case	21	22.5
7406 - 2 oz. Candied Patties	6-3 lb. carton/case	18	19.5
7408 - 2 oz. Candied Patties	18/1 lb. trays/case	18	19.5

Nutritional Facts

Candied Yam Patties	7403		7404		7406		7408	
	Serving Size	2 (85g)	1 (57g)	1 (57g)	1 (57g)	1 (57g)	1 (57g)	1 (57g)
Serving Per Container	112	168	24	8				
Calories	90	60	60	60				
Calories from Fat	0	0	0	0				
	% Daily Value*							
Total Fat	0g	0%	0g	0%	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%	0g	0%	0g	0%
Trans Fat	0g		0g		0g		0g	
Cholesterol	0mg	0%	0mg	0%	0mg	0%	0mg	0%
Sodium	125mg	5%	85mg	4%	85mg	4%	85mg	4%
Total Carb.	21g	7%	14g	5%	14g	5%	14g	5%
Dietary fiber	2g	8%	1g	4%	1g	4%	1g	4%
Sugars	8g		5g		5g		5g	
Protein	1g		1g		1g		1g	
Vitamin A	30%		20%		20%		20%	
Vitamin C	4%		2%		2%		2%	
Calcium	2%		0%		0%		0%	
Iron	2%		2%		2%		2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Diet Exchange

American Dietetic Association 2.9 oz. = 1 bread

Ingredients

Yams (sweet potatoes), sugar, cornstarch, buttermilk, salt, natural and artificial flavoring, yellow #6, red #40. Contains: Milk



Contains No Tropical Oils



Ovenable



Microwaveable

Preservative Free